



XYG Mission Trip

-2022-

Mark 10:45 *“For the Son of Man came not to be served but to serve, and to give his life a ransom for many.”*

TABLE OF CONTENTS

Packing List	3
Schedule	4
Saturday Introduction	5
Theme: Quiet Time	
Sunday	8
Theme: Making an Impact	
Monday	13
Theme: Following Jesus	
Tuesday	17
Theme: Spiritual Growth	
Wednesday	22
Theme: Perspective	
Thursday	27
Theme: Change and Missions Trip Debrief	
Friday	32
Sunday (XYG Worship)	34
Song Lyrics	38
Notes	55
Resources	59

PACKING LIST

• **General**

- Bible
- Pen & journal notebook
- Bug spray
- Sun screen
- Water bottle
- Flashlight
- Gloves for construction
- Hat
- Bath towel
- Toiletries
- Small bottles of hand sanitizer

• **Clothing**

- Work clothes (enough for 4 days!) and sturdy shoes. *Bring stuff you won't mind getting trashed!*
- Long shorts. Basketball short/ bermuda or capris.
- One piece swim suit for girls or a tankinie that cover the midsection. (Yes, T-shirts can be worn over bikini bathing suits.)
- Skirts/dresses that are at least

for work sites

- Ear plugs (you don't want someone snoring and keeping you awake!)
- Basketballs, volleyballs and other rec items
- Cash for travel, snacks, and souvenirs.
- Snacks (PLEASE DO NOT BRING ANYTHING WITH PEANUT OIL!!!)***

knee length (including one nice outfit for church, long pants for guys.)

- Hiking shoes and/or water shoes for swimming
- For the construction times it's best to have t-shirts.
- Long pants are recommended to reduce bug bites.
- WARM clothes as nights and morning can be chilly.

***Cell phones can be carried for travel but will be collected upon arrival and then returned to you when we leave for the airport. Other electronics needed for study times are ok to bring but are reserved for study purposes only. Leave everything else at home and unplug!**

EMERGENCY CONTACT INFO:

Pastor Ben:

(712)360-1519
pastorben@strchurch.org

James Schofield (Group Missions)

(719)640-4844
jamesjschofield@gmail.com

Trip Schedule:

Saturday April 23 – travel day

9:20am Arrival in San Juan
11am Settle in/ unpack
12pm Lunch
1pm Work Site Tour/ Visit
6pm Dinner
8pm Group Time/ Orientation
11pm **Lights out (each night)**

Wednesday

7am **Morning devotions**
7:30am Breakfast
9am Work Projects
1pm Zip Line Outing
4pm Return to Stadium
6pm Dinner Out
8pm Group Time
11pm **Lights out**

Sunday

7:30am **Morning Devotions**
9am Breakfast
10am Church
1:00pm Lunch
2pm Work Projects
**Beach afterwards*
6:30pm Dinner
8pm Group Time
11pm **Lights out**

Thursday

7am **Morning devotions**
7:30am Breakfast
9am Work Projects
1pm Lunch
**Continue Work Projects*
5pm Return to Stadium
6:30pm Dinner
8pm Group Time
**Letters to Self*
11pm **Lights out**

Monday

7am **Morning devotions**
7:30am Breakfast
8:30am Work Project Orientation
9am Work Projects
1pm Lunch
**Continue Work Projects*
5pm Return to Stadium
6:30pm Dinner
8pm Group Time
11pm **Lights out (each night)**

Friday April 29 - travel day

7am **Morning devotions**
7:30am Breakfast
8:30am **Pack Up/ Check Out**
9am Depart for San Juan
**Hang Out Until Flight*
1:30pm Arrive at airport
4:45pm arrive at STT

Tuesday

7am **Morning devotions**
7:30am Breakfast
9am Work Projects
1pm Lunch
**Continue Work Projects*
5pm Return to Stadium
6:30pm Dinner
8pm Group Time
11pm **Lights out**

Sunday May 1

9am Rehearsal at church
9:20am Breakfast
10am Lead worship
11am BBQ at church
12pm GO HOME in Christ

SATURDAY



9:20am	Arrival in San Juan
11am	Settle in/ unpack
12pm	Lunch
1pm	Work Site Tour/ Visit
6pm	Dinner
8pm	Group Time/ Orientation
11pm	Lights out (each night)

TRAVEL DEVOTION

Read Ephesians 3:15-21 TLB

“When I think of the wisdom and scope of his plan, I fall down on my knees and pray to the Father ... that out of his glorious, unlimited resources he will give you the mighty inner strengthening of his Holy Spirit. And I pray that Christ will be more and more at home in your hearts, living within you as you trust in him. May your roots go down deep into the soil of God’s marvelous love; and may you be able to feel and understand, as all God’s children should, how long, how wide, how deep, and how high his love really is; and to experience this love for yourselves, though it is so great that you will never see the end of it or fully know or understand it. And so at last you will be filled up with God himself.”

Now glory be to God, who by his mighty power at work within us is able to do far more than we would ever dare to ask or even dream of—infininitely beyond our highest prayers, desires, thoughts, or hopes. May he be given glory forever and ever through endless ages because of his master plan of salvation for the Church through Jesus Christ.”

Today you are traveling away from your home to somewhere that may be new to you. A place full of people you don’t know, people who may or may not understand you. But you are traveling because of your love for God and the love He has placed in your heart for these people you don’t know. This passage is a prayer Paul wrote in his letter to the church in Ephesus, but it is also our (Ben, Dave and Judy) prayer for you as you begin this adventure sharing God’s love with those you meet.

We ask God to “give you the mighty inner strength of his Holy Spirit”, that you would **TRUST** in His strength - not your own. We are thanking God for deepening your understanding of God’s love as you experience it over the course of the week. We hope that you find new ways to “**TRUST** in him”. Together with you we **TRUST** that God will do “far more than we would ever dream of” for His glory working through us.

Take a moment in the anticipation of your arrival to this new place to pray this prayer for yourself and for your team with you. Begin praising Him for the work He is doing in your life and the lives of those you will meet soon. Start this journey off by giving God the glory for all He has done in the preparation of this trip, will do while you are there, and will continue to do after you return home. Ask Him to help you **TRUST** in Him.

SUNDAY



7:30am	Morning Devotions
9am	Breakfast
10am	Church
1:00pm	Lunch
2pm	Work Projects <i>*Beach afterwards</i>
6:30pm	Dinner
8pm	Group Time
11pm	Lights out

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

First Things First

(A Meal With Mary and Martha)

Good morning! I know it's early in the morning, but I promise this is all worth it! This week, we're going to let some stories of Scripture paint a picture for us.

A beautiful canvas filled with some soft colors... and some harsh colors. But together, they make a magnificent piece of art—and that is God's depiction of a *servant*. You may find it predictable that we're going to learn about what it means to be a servant, but the funny thing is, many Christians go through life doing lots of good things without understanding what it really means to serve out of their hearts: **JUST BECAUSE THEY LOVE JESUS.**

Let's keep it simple and open our hearts to whatever God wants to do in us and through us. Actually, why don't you go ahead right now and stop reading this. Wait, finish the next sentence first! Take a few moments and ask God to prepare your heart for what He's about to do in your life and the lives of those around you. Ask Him to calm the busyness of your mind and to change you from the inside out.

Alright, now we're ready! In each of these devotions this week, there will be a story to read and some questions for you to ponder and answer. Today, we are in Luke 10.

Read Luke 10:38-42.

I love this story because both of the things that were mentioned are in my life: busyness, and yet wanting to just sit at the feet of Jesus. But what does this have to do with being a servant? Martha was serving and Jesus told her that Mary was doing the right thing.

Have your parents(s), guardian or family member ever told you to get your priorities straight? Even though you may not have liked the comment when they made it, if you're honest with yourself and God, what order are your priorities in now? Write them down below. (Choose from things like friends, the opposite gender, school, having fun, spending time with God, reading the Bible, hobbies ... or make up your own.)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Our priorities show what is in our hearts. I don't think Mary was *always* slacking and avoiding the household chores, because there are other times in Scripture that she's a busy bee like Martha. I believe Mary simply knew what should come first and have *the* priority in her life. There will always be so much to keep up with, but putting Christ first will positively affect every other single thing you do.

I know I fold laundry better after I've spent time with Jesus. Nah, just kidding. I don't know if I ever like folding laundry!

The point is, before we can serve others, we must be at the feet of Jesus so we have something to give. It's no use trying to serve out of our own strength; we'll only get really tired. Even while we are serving others, our *hearts* can be "seated at the feet of Jesus."

Is there someone in your life who you would consider a true servant? Who is it? What makes him or her a servant?

What's a good way to make sure we're not doing things for others out of our own strength?

Are you a Mary or a Martha? (Sorry, guys ... but you get the point!) Explain.

Do you find it easy to think of others first, or is it a challenge to go out of your way to serve someone else?

Pretend you are Martha, and Jesus has just told Mary that she chose the right thing to do. How do you feel? What would you say to Jesus?

Matthew 6:33 says, "But seek first His kingdom and His righteousness and all these things shall be added to you." In your own words, what is God's promise to us, according to this verse?

Take a few moments and simply rest in God's presence. Ask Him to bless and multiply your service to Him.

LARGE GROUP

Making an Impact

JOHN 13:34 - 35

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.

By this all people will know that you are my disciples, if you have love for one another.

LISTEN TO ACTS 8:26 - 40

SURVEY ANSWERS (circle the word after the statement is read)

- | | | |
|----------|--|----------|
| 1. Agree | | Disagree |
| 2. Agree | | Disagree |
| 3. Agree | | Disagree |
| 4. Agree | | Disagree |
| 5. Agree | | Disagree |

THE 7 THINGS YOU CAN DO TO MAKE IMPACT IN YOUR WORLD:

- | | |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | |

SMALL GROUP/ NOTES:

MONDAY



7am	Morning devotions
7:30am	Breakfast
8:30am	Work Project Orientation
9am	Work Projects
1pm	Lunch
	<i>*Continue Work Projects</i>
5pm	Return to Stadium
6:30pm	Dinner
8pm	Group Time
11pm	Lights out (each <i>night</i>)

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

Your Heart Takes a Look in the Mirror *(The Prodigal Son and His Bitter Brother)*

We're doing a little housecleaning in our hearts. And there's nothing better for that than this story you're about to read. So, sit back, open your Bible to **Luke 15:11-32** and read away.

Okay, now **re-read verses 29 through 32**. How would you describe the older brother's state of mind?

Judging from **verse 29**, has the older brother had many problems with disobeying?

We see the older brother's heart by his reaction to his younger brother being received with open arms. What is the older brother revealing about his motive or attitude behind "serving all those years" for his father?

MOTIVE makes or breaks the "real" factor. For starters, what is your real motive for being on this trip?

If you were the younger brother in this story, how would you want your older brother to act when you returned home?

The father wasn't condoning the younger brother's sins or telling the older brother his years of service were worthless. What do you think is the main point of this story?

On a motive-meter scale of 1 to 10 (with 10 being the most pure motives ever), how would you rank your motives for serving on this trip? _____

What *should* our motive be for serving others?

Food for thought: Carefully consider if you would have reacted the same way the older brother did. If so, why? What does this reveal about your heart?

Spend some time in prayer talking to God. Ask Him to make you more like His son Jesus, who had all the right motives for serving others. Ask the Lord to help you not judge others' motives, but to keep your own heart right before God. If you feel like He speaks anything to you, use the space on the next page to write it down.

LARGE GROUP

Following Jesus

LUKE 9:23 - 27

Then he told them what they could expect for themselves: “Anyone who intends to come with me has to let me lead. You’re not in the driver’s seat—I am. Don’t run from suffering; embrace it. Follow me and I’ll show you how. Self-help is no help at all. Self-sacrifice is the way, my way, to finding yourself, your true self. What good would it do to get everything you want and lose you, the real you? If any of you is embarrassed with me and the way I’m leading you, know that the Son of Man will be far more embarrassed with you when he arrives in all his splendor in company with the Father and the holy angels. This isn’t, you realize, pie in the sky by and by. Some who have taken their stand right here are going to see it happen, see with their own eyes the kingdom of God.

First, _____

Second, _____

Third, _____

SMALL GROUP/ NOTES: _____

TUESDAY



7am	Morning devotions
7:30am	Breakfast
9am	Work Projects
1pm	Lunch
	<i>*Continue Work Projects</i>
5pm	Return to Stadium
6:30pm	Dinner
8pm	Group Time
11pm	Lights out

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

Blessed, Broken and Bountiful

(The Miracle of the Fish and the Loaves)

Today, we'll be talking about fish in the morning. I guess some people would find that appetizing!

After two busy days, how are you feeling? What things are swimming around in your mind?

You may know this story you're about to read, but let's put on our "never-been-read-before" glasses because in the story, a little bit of serving went a mighty long way. Read **John 6:1-14**.

This was truly a class-A miracle (I don't know if miracles have classes, but this is amazing!). From a young boy's lunch, 5,000 people were fed. Notice that Jesus gave thanks before He broke the bread and multiplied it over and over again to feed the crowd that had been following Him.

I believe this account has great spiritual meaning. The bread was broken and all the pieces fed thousands. Jesus' body was broken and the sin of the whole world was forgiven. Maybe in our brokenness, God will use us to bless many people. Have you ever thought about that? Hard times aren't easy, but it's most often in those places of desperation for God that He uses the lessons we're learning to help us serve others along the way.

This truth really hit home for me when I was about 18. Growing up, I had a rough family situation and experienced a lot of pain watching things crumble. Once in college, I shared my life story at a girl's dorm devotion night, trying not to cry, but knowing I needed to share and not hold back. I left feeling like I hadn't really made a difference. But the next morning, there was a letter under my door from a girl I barely knew. I still have that letter. She told me about some really tough things happening in her life and how she had given up on God. But after hearing my story and watching my life and how I was still trying to trust God, she had hope again. She thanked me for being so honest.

God used my brokenness to bless someone. Isn't that amazing?

Are there situations in your life that you would call "broken"? What are they?

With Jesus, anything is possible. Do you believe He can turn those tough situations around for good? Why or why not?

How can your life make a difference in others'?

Read **John 6: 12 and 13** again. Was there just enough for everyone, or leftovers?

Jesus didn't do His math wrong. What do you think He was trying to show the disciples and the crowd of people by creating leftovers?

As a closing activity, write your own creative acronym of SERVANT.

S
E
R
V
A
N
T

LARGE GROUP

Spiritual Growth

MATTHEW 13: 1 - 9

That same day Jesus went out of the house and sat by the lake. Such large crowds gathered around him that he got into a boat and sat in it, while all the people stood on the shore. Then he told them many things in parables, saying:

“A farmer went out to sow his seed. As he was scattering the seed, some fell along the path, and the birds came and ate it up. Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Other seed fell among thorns, which grew up and choked the plants. Still other seed fell on good soil, where it produced a crop—a hundred, sixty or thirty times what was sown. Whoever has ears, let them hear.”

MATTHEW 13:18 - 23

HOW DO YOU GROW SPIRITUALLY?

1. _____.

2. _____.

SMALL GROUP/ NOTES:

WEDNESDAY



7am	Morning devotions
7:30am	Breakfast
9am	Work Projects
1pm	Zip Line Outing
4pm	Return to Stadium
6pm	Dinner Out
8pm	Group Time
11pm	Lights out

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

The Royal Treatment

(Jesus Didn't Come to Be Served)

By now you may need to soak your feet. Or your hands. But I know you didn't come to a week-long missions trip to be pampered at the spa—you came to serve, and you're doing it so well. So well, that we're going to have some fun this afternoon going zip lining.

Jesus didn't leave heaven to come to Earth and have people hold grapes over his mouth and fan His face, although some people loved Him so much that they wanted to do it! Jesus came to Earth to give it ALL. We actually get the royal treatment because of everything Christ gave to us in His death and resurrection—no relaxation treatment compares with complete freedom from sin, a slate wiped clean and immediate access to our heavenly Father. And that's just *this* side of heaven (this is where you put the devotion down and jump for joy!)

Serving Christ requires some hard work, but is *always* worth it. In the story you're about to read, Mama Zebedee wanted her sons to sit on thrones next to Jesus Christ, but she didn't realize everything involved in serving Him. What's this whole "self-denial" thing about?

Take a minute and read **Matthew 20:20-28**. When we think of royalty like Christ, the King of Kings... we think of Him being first. And He is. But He is also the greatest servant of all.

When you do nice things for people, doesn't it make you feel a sense of empowerment from God?

What is one **BIG DREAM** you have to serve others? Imagine there are no limits, and you have all the money in the world to do it:

Why do we serve others?

When things get difficult or you don't always feel like following through on a commitment you made to serve, what keeps you going?

Go back to your **SERVANT** acronym from yesterday. Have you done or experienced any of those terms so far this week?

As an act of serving in your heart, take some time to pray for someone you've met this week who really needs your prayers. Then, pray for someone you find difficult to love. Write down some of the things you prayed.

Zip-Line Information

Location: Mi Casa Hacienda Campo Rico Carolina

Apple Maps Coordinates:

18.415119, -65.945445

GPS Coordinates:

18.4151° N, 65.9455° W

Please bring sneakers with good traction, comfortable shorts or pants, a small backpack, hand sanitizer, face masks (recommended), bug repellent.

We have to be there one half-hour before the actual tour happens.

The PM sessions meet at 1:30 pm. Tour starts at 2:00 pm and finishes approximately at 4:00 pm.

LARGE GROUP

Perspective

COLOSSIANS 3: 1 - 4

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.

Set your minds on things that are above, not on things that are on earth.

For you have died, and your life is hidden with Christ in God.

When Christ who is your life appears, then you also will appear with him in glory.

REVELATION 21: 3 - 4

And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.

• **THE RIGHT PERSPECTIVE IS _____.**

• **WE HAVE TO LIVE WITH A _____ PERSPECTIVE.**

SMALL GROUP/ NOTES:

THURSDAY



7am	Morning devotions
7:30am	Breakfast
9am	Work Projects
1pm	Lunch
	<i>*Continue Work Projects</i>
5pm	Return to Stadium
6:30pm	Dinner
8pm	Group Time
	<i>*Letters to Self</i>
11pm	Lights out

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

Calling all Line-leaders!

(The Last Shall be First)

When I was a child, my dad used to take me and my brothers to this awesome candy store. Everything always looked so enthralling, and candy seemed to explode from floor to ceiling. We could barely contain ourselves! We all wanted to be the first in line with our bag full of candy so we could start eating.

One day, our over-eagerness must have gotten on my dad's nerves, and he wanted to teach us something. He told us how the Bible says, "The last shall be first and the first shall be last." And he led my sister, who was last in line, to the front to pay for her candy. It didn't take long for us to catch on, and from then on we were fighting over the LAST spot in line!

I don't think our hearts were really changed right away. We still wanted to be first, no matter how that needed to be done. When Jesus said this, He was talking about something deeper.

Read Mark 9:33-37.

Talk about messing with the disciples' minds a little bit! What do you think is Jesus' message here?

What is Jesus telling us about the heart of a servant?

When we force our own way to the top, everyone loses. The people we step over get hurt in some way, and our heart moves further away from love. When we put someone else above ourselves, everyone wins. God is glorified, people are blessed and we become more like Christ.

Why do you think it's so hard not to "race to be first" sometimes?

What does this reveal about our **TRUST** in God?

You've had a busy week full of serving others, getting your hands dirt, and hopefully growing closer to your friends and to God. But I really want this week to be a new beginning. I pray you are challenged to love more deeply even when it's not easy, and to never give up on yourself or others. Above all, I pray that you have fallen more in love with Christ and seen

how His kingdom works: those who serve always win. And what is our end goal? It is to know Christ and to be known by Him.

As a last exercise this week, look up the following verses in your Bible and read them. I know it looks like a lot, but consider it a treasure hunt.

- ❑ **John 15:12, 13:14, 35**
- ❑ **Romans 12:10, 14:13, 19, 15:7**
- ❑ **Galatians 5:13**
- ❑ **Ephesians 4:32**
- ❑ **Philippians 2:3**
- ❑ **Colossians 3:13**

Stop and take some time to thank God for anything that comes to your mind. He deserves it!

LARGE GROUP

Change - Mission Debrief

1. Don't Worry!

MATTHEW 6: 25 (NLT)

That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing?

MATTHEW 6:33

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

2. Seek God's way over everything else.

3. If you seek to live like Christ, God “will give you everything you need?”

*What we need is not the same thing as what we want.

When you worry about a new beginning, like going home from a mission trip, you may find when you get back that many of the things that are stressing you out on a daily basis are just wants, not needs.

SMALL GROUP/ NOTES:

FRIDAY



7am	Morning devotions
7:30am	Breakfast
8:30am	Pack Up/ Check Out
9am	Depart for San Juan <i>*Hang Out Until Flight</i>
1:30pm	Arrive at airport
4:45pm	Arrive at STT

Morning Devotions

You have two options for your morning devotions.

Option 1 is to read through the prepared devotion.

Option 2 is to practice Lectio Divina... instructions can be found in the back of this book in the resources section. If you want to try this, it is an excellent way to listen and connect with God. Here are the Scripture passages I suggest you read if you decide to try Lectio Divina.

- Luke 10: 38-42
- Mark 10:46-52
- Genesis 22:22-31
- Exodus 3:11-14
- Choose your own

The Prepared Devotion (Option 1)

Together, let's live a life worthy of the life Christ calls us to.

2 Thessalonians 1:11–12 (NLT)

“So we keep on praying for you, asking our God to enable you to live a life worthy of his call. May he give you the power to accomplish all the good things your faith prompts you to do. Then the name of our Lord Jesus will be honored because of the way you live, and you will be honored along with him. This is all made possible because of the grace of our God and Lord, Jesus Christ.”

As you walk through the front door this evening and lay your head on your pillow in your bed tonight, know that you are not alone in your everyday life. Together, let's pray this passage over each other—that we would **“LIVE a life worthy of His call”** not just for today or this week, but for all time and in all places.

SUNDAY



9am	Rehearsal at church
9:20am	Breakfast
10am	Lead worship
11am	BBQ at church
12pm	GO HOME in Christ

STRC Bulletin
May 1, 2022

Greeting & Announcements

Introit

Call to Worship

Our help is in the name of the Lord who made heaven and earth.

Amen!

Leader: Glory to the Father

Glory to the Son

Leader: Glory to the Spirit

Forever Three in One

Be glorified at home

Be glorified in church

Be glorified in earth

Be glorified in heaven

Glory to the Father

Glory to the Son Leader

Glory to the Spirit

Forever Three in One

Hallelujah

Amen

Prayer

O God, you have made of one blood all the peoples of the earth, and sent your Son to preach peace to those who are far off and those who are near: Grant that people everywhere may seek after you and find you, bring the nations into your fold, pour out your Spirit upon all creation, and hasten the coming of your kingdom; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

***Song:**

Call to Confession

God is a God who sends; God sent the Son, the Father and Son sent the Spirit, and the Father, Son, and Holy Spirit sends us, the church. Let us confess to God for all the times when we've been sent us and have not obeyed.

Responsive Prayer of Confession

When we have failed to love you with all our heart and to be good stewards of your creation: Lord, have mercy...

Lord, have mercy.

When we have failed to take up the cross of discipleship and to be good stewards of your gospel: Christ, have mercy...

Christ, have mercy.

When we have failed to be faithful witnesses to your grace and to be good stewards of your spiritual gifts: Lord, have mercy...

Lord, have mercy...

Song:

Words of Assurance and Hope

The saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners. Hear then Christ's word of grace to us: Your sins are forgiven.

Thanks be to God.

The peace of the Lord Jesus Christ be with you all

And also with you. Amen!

Children's Message

Scripture Reading: Mark 10:45

Message: "Reflections on Mission 2022"

Offering:

The Celebration of the Lord's Supper

(All who profess Jesus Christ as Lord and Savior are welcome at the table. Beginning with the back pews, you are invited to come forward using the side aisles, break off a piece of bread and dip your bread into the cup. Then return to your seat using the center aisle.)

Song during communion:

Introduction of Prayer Partners

***Prayer of Thanksgiving**

Brothers and sisters,
since the Lord has now fed us at his Table,
let us praise God's holy name with heartfelt thanksgiving!
Bless the Lord, O my soul,
and all that is within me, bless his holy name.
Bless the Lord, O my soul,
and do not forget all his benefits—
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the Pit,
who crowns you with steadfast love and mercy.
The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.
He does not deal with us according to our sins,
nor repay us according to our iniquities.
For as the heavens are high above the earth,
so great is his steadfast love toward those who fear him;
as far as the east is from the west,
so far does he remove our transgressions from us.
As a father has compassion for his children,
so the Lord has compassion for those who fear him,
who did not spare his own Son,
but gave him up for us all,
and will also give us all things with him.
**Therefore shall my mouth and heart show forth the praise of the Lord,
from this time forth forevermore. Amen.**

***The Lord's Prayer**

Our Father who art in heaven, hallowed be thy name
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread
And forgive us our sins, as we forgive those who sin against us
and lead us not into temptation, but deliver us from evil
for thine is the kingdom and the power and the glory forever. Amen.

***Benediction**

SONGS



- **10,000 REASONS - #21**
- **ALL IN ALL - #6**
- **ALL WHO ARE THIRSTY - 16**
- **AMAZING GRACE (ALELUIA) -#3**
- **AMAZING GRACE (MY CHAINS ARE GONE -#11**
- **BEAUTIFUL THINGS - #9**
- **BE ONE - #24**
- **BRING FORTH THE KINGDOM -#10**
- **GIVE ME JESUS -#2**
- **GRACE FLOWS DOWN - #19**
- **HERE I AM LORD - #23**
- **HOLINESS - #8**
- **HOLY IS THE LORD - #12**
- **HOW GREAT ARE YOU LORD - #4**
- **HOW GREAT IS OUR GOD -#7**
- **I CAN ONLY IMAGINE - #20**
- **INVITATION FOUNTAIN - #5**
- **LEAN ON ME - #13**
- **LIGHT THE FIRE - #17**
- **LORD I NEED YOU - #22**
- **MIGHTY TO SAVE - #1**
- **O COME TO THE ALTAR -#14**
- **REVELATION SONG - #15**
- **YOU ARE MY KING - #18**

1. MIGHTY TO SAVE

Everyone needs compassion,
A love that's never failing,
Let mercy fall on me
Everyone needs forgiveness,
The kindness of a Saviour,
The hope of nations

Chorus:

**Saviour, he can move the mountains,
My God is mighty to save
He is mighty to save,
Forever Author of Salvation,
He rose and conquered the grave,
Jesus conquered the grave**

So take me as you find me,
All my fears and failures,
Fill my life again,
I give my life to follow,
Everything that I believe in,
Now I surrender **CHORUS**

Shine your light and let the whole world see
We're singing for the glory of the risen king Jesus [2x]

2. GIVE ME JESUS

In the morning when I rise (3x)

Give me Jesus (3X)

You can have all this world but give me Jesus

And when I am alone (3x) **CHORUS**

And when I come to die (3x) **CHORUS**

3. AMAZING GRACE (Aleluia)

Amazing Grace how sweet the sound
That saved a wretch like me
I once was lost but now I'm found
Was blind but now I see Aleluia...

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed Aleluia...

Through many dangers toils and snares
I have already come
'tis grace that brought me safe thus far
And grace will lead me home Aleluia...

4. HOW GREAT ARE YOU LORD

How great are you Lord ,
How great is your mercy
How great are the things that you have done for me,
How great are you Lord
Your loving kindness is filling my heart
as I sing how great are you Lord

How great is your love,
it reaches to the heavens,
How great is the heart that sought and rescued me

5. INVITATION FOUNTAIN

All who are weak, all who are weary
Come to the Rock, come to the fountain
All who have sailed on the river of heartache
Come to the sea, come on be set free

**If you lead me Lord I will follow
Where you lead me Lord I will go
Come and heal me Lord I will follow
Where you lead me Lord I will go
I will go...**

All who are weak, all who are weary
Come to the Rock, come to the fountain
All who have climbed on the mountain of heartache, Reach to the
stars, come on give your life...

6. ALL IN ALL

You are my strength when I am weak,
You are the treasure that I seek,
You are my all in all.
Seeking You as a precious jewel,
Lord to give up I'd be a fool,
You are my all in all

Jesus, Lamb of God, worthy is Your name (2x)

Taking my sin, my cross my shame,
rising again I bless your name.
You are my all in all.
When I am down You pick me up,
when I am dry You fill my cup,
You are my all in all.

7. HOW GREAT IS OUR GOD

**How great is our God,
sing with me, How great is our God,
all will see, How great, how great is our God**

The splendor of a King, clothed in majesty
Let all the earth rejoice, all the earth rejoice
He wraps Himself in light, darkness tries to hide, and trembles at
His voice, trembles at His voice...

Age to age He stands, and time is in His hands,
Beginning and the end, beginning and the end.
The Godhead, Three in One; Father, Spirit, Son,
the Lion and the Lamb, the Lion and the Lamb...

*Name above all names,
Worthy of all praise,
My heart will sing, how great is our God!*

8. HOLINESS

*Holiness, holiness it's what I long for
Holiness, it's what I need,
Holiness, Holiness, its' what you want from me*

Take my life and form it,
Take my will and transform it,
Take my heart and conform it, to Your will (3x)

*Faithfulness...
Righteousness...*

9. BEAUTIFUL THINGS

All this pain, I wonder if I'll ever find my way,
I wonder if I my life could really change at all.
All this earth, could all that is lost ever be found.
Could a garden come up from this ground at all

You make beautiful things
You make beautiful things out of the dust
You make beautiful things
You make beautiful things out of us

All around, life is springing up from this old ground.
Out of chaos life is being found in You.
You make me new, You are making me new

10. BRING FORTH THE KINGDOM

You are the salt for the earth, O people, salt for the kingdom of God. Share the flavor of life O people, life in the kingdom of God

Bring forth the kingdom of mercy
Pray for the kingdom of peace
Work for the kingdom of justice
Hope for the city of God

You are the light on a hill O people, Light for the city of God.
Shine so holy and bright O people, Shine for the kingdom of God

You are the seed of the Word O people, Live for the kingdom of God. Seeds of mercy and seeds of justice, grow in the kingdom of God!

11. AMAZING GRACE (MY CHAINS ARE GONE)

Amazing grace. How sweet the sound
That saved a wretch like me, I once was lost, but now I'm found,
Was blind, but now I see, 'Twas grace that taught my heart to fear,
And grace my fears relieved, How precious did that grace
appear, The hour I first believed

**My chains are gone, I've been set free
My God, my Savior has ransomed me
And like a flood His mercy reigns
Unending love, amazing grace**

The Lord has promised good to me
His word my hope secures
He will my shield and portion be
As long as life endures

The earth shall soon dissolve like snow
The sun forbear to shine, But God, Who called me here below,
Will be forever mine...

12.HOLY IS THE LORD

We stand and lift up our hands,
for the joy of the Lord is our strength.
We bow down and worship Him now, how great and awesome is
He.

Together we sing:
Holy is the Lord, God Almighty,
the earth is filled with His glory. (2x)

The earth is filled with His glory.

It's rising up all around, It's the anthem of the Lord's renown (2x)
And together we sing, everyone sing...

13.LEAN ON ME

Sometimes in our lives, We all have pain, we all have sorrow,
But if we are wise
We know that there's always tomorrow

**Lean on me when you're not strong
And I'll be your friend, I'll help you carry on,
For it won't be long, 'Til I'm gonna need somebody to lean on**

Please, swallow your pride, If I have things you need to borrow,
For no one can fill those of your needs, That you won't let show

You just call on me, brother, when you need a hand, We all need
somebody to lean on
I just might have a problem that you'll understand, We all need
somebody to lean on

If there is a load, You have to bear that you can't carry, I'm right
up the road, I'll share your load, If you just call me

14.0 COME TO THE ALTAR

Are you hurting and broken within,
Overwhelmed by the weight of your sin,
Jesus is calling.

Have you come to the end of yourself,
do you thirst for a drink from the well,
Jesus is calling.

O come to, the altar,
the Savior's arms are open wide,
forgiveness, was bought with,
the precious blood of Jesus Christ.

Leave behind your regrets and mistakes,
come today there's no reason to wait,
Jesus is calling.

Bring your sorrows and trade them for joy,
from the ashes a new life is born,
Jesus is calling.

Oh what a Savior,
isn't he wonderful,
sing hallelujah...

15.REVELATION SONG

Worthy is the, Lamb who was slain, Holy, Holy is He.
Sing a new song, to Him who sits on, Heaven's mercy seat.

**Holy, Holy, Holy, is the Lord God Almighty,
Who was and is and is to come
With all creation I sing, Praise to the King of Kings,
You are my everything, and I will adore You...!**

Clothed in rainbows, of living color,
flashes of lightning, rolls of thunder.
Blessing and honor, strength and Glory
and power be to You the only wise King **(Chorus)**

Filled with wonder, awestruck wonder,
at the mention of Your name.
Jesus, your name is power, breath and living water,
such a marvelous mystery **(Chorus)**

16.ALL WHO ARE THIRSTY

All who are thirsty, All who are weak
Come to the fountain
Dip your heart in the stream of life
Let the pain and the sorrow
Be washed away, In the waves of His mercy
As the deep cries out to deep, we sing...

Come, Lord Jesus come (x4)

17.LIGHT THE FIRE

I stand to praise You,
But I fall on my knees
My spirit is willing,
But my flesh is so weak

Light the fire (light the fire)
In my soul (in my weary soul)
Fan the flame (fan the flame)
Make me whole (make my spirit whole)
Lord, You know (Lord, You know)
Just where I've been (where I've been)
So light the fire in my heart again

I feel Your arms around me,
As the power of
Your healing begins,
Your spirit moves through me,
Like a mighty rushing wind

CHORUS

Light the fire in my heart again (X2)

18. YOU ARE MY KING

I'm forgiven because you were forsaken
I'm accepted, You were condemned
I'm alive and well, Your spirit is within me
Because you died and rose again (x2)

Amazing love, how can it be?
That you, my king. would die for me,
Amazing love, I know it's true,
Its my joy to honor you
Amazing love how can it be?
That my king would die for me,
Amazing love I know it's true,
Its my joy to honor you,
In all I do, I honor you (back to top)

You are my king,
You are my king, Jesus,
You are my king. Jesus,
You are my king

19. GRACE FLOWS DOWN

Amazing grace, How sweet the sound
Amazing love, Now flowing down
From hands and feet, That were nailed to the tree, As grace flows
down and covers me

It covers me (3x)
And it covers me

20.I CAN ONLY IMAGINE

I can only imagine what it will be like
When I walk by your side,
I can only imagine what my eyes will see
When your face is before me,
I can only imagine

**Surrounded by your glory,
What will my heart feel?
Will I dance for you, Jesus,
Or in awe of you be still?
Will I stand in your presence,
Or to my knees will I fall?
Will I sing hallelujah?
Will I be able to speak at all?
I can only imagine, I can only imagine**

I can only imagine when that day comes
And I find myself standing in the sun
I can only imagine when all I will do
Is forever, forever worship you
I can only imagine, yeah, I can only imagine

21.10,000 REASONS

**Bless the Lord, O my soul
O my soul, Worship His holy name
Sing like never before, O my soul
I'll worship Your holy name**

The sun comes up, it's a new day dawning
It's time to sing Your song again
Whatever may pass, and whatever lies before me. Let me be
singing when the evening comes [**Chorus**]

You're rich in love, and You're slow to anger.
Your name is great, and Your heart is kind,
For all Your goodness I will keep on singing.
Ten thousand reasons for my heart to find [**Chorus**]

And on that day when my strength is failing
The end draws near and my time has come
Still my soul will sing Your praise unending
Ten thousand years and then forevermore [**Chorus**]

22.LORD I NEED YOU

Lord, I come, I confess,
Bowling here I find my rest,
Without You I fall apart
You're the One that guides my heart

CHORUS:

**Lord, I need You, oh, I need You,
Every hour I need You
My one defense, my righteousness
Oh God, how I need You**

Where sin runs deep Your grace is more
Where grace is found is where You are
Where You are, Lord, I am free
Holiness is Christ in me **CHORUS**

So teach my song to rise to You
When temptation comes my way
When I cannot stand I'll fall on You
Jesus, You're my hope and stay **CHORUS**

You're my one defense, my righteousness
Oh God, how I need You, My one defense, my righteousness, Oh
God, how I need You

23. HERE I AM LORD

I, the Lord of sea and sky, I have heard My people cry.
All who dwell in dark and sin,
My hand will save. I who made the stars of night,
I will make their darkness bright.
Who will bear My light to them? Whom shall I send?

CHORUS:

**Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.**

I, the Lord of snow and rain, I have born my peoples pain. I have wept for love of them, They turn away. I will break their hearts of stone, Give them hearts for love alone. I will speak My word to them, Whom shall I send?

CHORUS

I, the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them,
My hand will save,
Finest bread I will provide, Till their hearts be satisfied.
I will give My life to them,
Whom shall I send?

CHORUS

24.BE ONE

We don't feel ready, We don't feel steady
Question what we really have to give
Stay where it's safer Claim faith, but waiver
Is this how we really meant to live?

We pray but never move We say but never do

It's time to get our hands dirty
Be love there's a whole lot of hurting
Calling all hearts Calling all hands
Calling all feet to take a stand
Why sit around and wait for a miracle to come,
When we can be one...

A little somethin' Might feel like nothin'
But in His hands it's all we'll ever need
To speak life to the broken
Watch the blind eyes open
It's who He's calling you and me to be
Chorus

We can be the change, be the hope
We can be the arms that don't let go
We can be a light in the dark
We are, we are where it starts

RESOURCES

THE PRAYER OF EXAMEN

The Ignatian Examen, or the Daily Examen, is a contemplative prayer led by memory. During an Examen, one reflects on the current day, focusing on memories from the events of the day as a way of recognizing God's Divine Presence.

If you're ready to give this a try, it should take about 5-10 minutes.

Start with prayer...

1. **Become aware of the presence of God**

Look back on your day, feeling the Holy Spirit with you. If you feel a bit confused by what you're experiencing, ask God to bring you some clarity and understanding.

2. **Review the day with gratitude.**

Gratitude is the foundation of our relationship with God. Walk through your day in the presence of God and note its joys and delights. Pay attention to the little things, like what you ate, the things you saw, the friends you spoke to. Remember, you can find God in the details!

3. **Pay attention to your emotions.**

Reflect on the feelings you experienced during the day. Ask what God is saying through these feelings. God will probably point out some areas where you fell short. Maybe you sinned, and now's the time to tell God you're sorry.

4. **Choose one feature of the day and pray from it.**

Ask the Holy Spirit to direct you to something during the day that God thinks is particularly important. It may be a vivid moment or something that seems insignificant.

5. **Look toward tomorrow.**

Ask God to give you light for tomorrow's challenges. End your prayer with an Our Father.

LECTIO DIVINA

Lectio Divina is a contemplative way of reading the Bible. It dates back to the early centuries of the Christian Church and was established as a monastic practice by Benedict in the 6th century. It is a way of praying the scriptures that leads us deeper into God's word. We slow down. We read a short passage more than once. We chew it over slowly and carefully. We savor it. Scripture begins to speak to us in a new way. It speaks to us personally, and aids that union we have with God through Christ who is himself the Living Word

It requires very little: A Bible, a quiet room, and perhaps a pen and paper. The general format of Lectio is a four part process:

LECTIO: Time to read through the scripture passage. In a group, I tend to read through the verses 3 or 4 times, each from different people. Sometimes using different Bible versions can be helpful for each reading. You may want to consider using the familiar text, or allow words from a less familiar translation bring new insight into the passage. As you read through, write down a word or short phrase that captures your attention.

MEDITATIO: A great way to understand the concept of meditating on scripture is to picture a dog chewing on a bone. Focus your attention on that word or phrase. Let it roll around in your thoughts. Turn it over and over. Allow this passage to stir up ideas, pictures, or emotions. Taking the time to simply allow the passage to be "in your space" is a necessary part of the Lectio practice and one that you don't want to skip over quickly.

ORATIO: The third section is your opportunity to listen to God. Why this word? Why these images or feelings? What is it God wants you to hear from this passage? What is he calling you to do? To change? To give up?

CONTEMPLATIO: The final step is to simply rest in the presence of God. Take the time to be aware of God's active work in your life and give him thanks for it.